



# 2012 SCHEDULE

[WWW.YUENS.CA](http://WWW.YUENS.CA)

604-657-3584

Effective January 23rd, 2012

## Monday / Wednesday

**Junior Black Belts, Phase 2 and 3**  
3:30 - 4:15 pm (intermediate and advanced)

**Junior Black Belts, Phase 2 and 3**  
4:30 - 5:15 pm (intermediate and advanced)

**Junior Champions, Black Belt Club**  
6 + years  
5:30 - 6:00 pm (intermediates)

**Beginner 7+ yrs.**  
**Junior Black Belts, Beginners**  
6:30 - 7:00 pm

**Junior Black Belts, Phase 2 and 3**  
7:15 - 8:00 pm (intermediate and advanced)

**Teen / Adult Martial Arts**  
8:00 - 8:45 pm

## Tuesday / Thursday

**Junior Black Belts, Phase 2 and 3**  
3:30 - 4:15 pm (intermediate and advanced)

**Junior Black Belts, Phase 2 and 3**  
4:30 - 5:15 pm (intermediate and advanced)

**Beginner 5&6 yrs.**  
**Junior Champions, Beginner**  
5:30 - 6:00 pm

**Junior Champions, Black Belt Club**  
6 + years  
6:15 - 6:45 pm (intermediates)

**Teen / Adult Martial Arts**  
7:00 - 7:45 pm

**Adult Sparring, all levels**  
7:45 - 8:15 pm

**Teen / Adult Martial Arts, Advanced**  
8:15 - 9 pm

**BJJ, Submission Wrestling**  
9 - 9:45 pm

## Friday

**Make - up class, all Kids, All Levels**  
(may be expected to work independently)

4:00 - 4:30 pm

**Beginner 4 yrs.**  
**Little Dragons 4 yrs.**  
4:45 - 5:15 pm

**Junior Black Belt Cycle review**  
5:30 - 6:00 pm

**Adult Martial Arts**  
6:00 - 6:45 pm